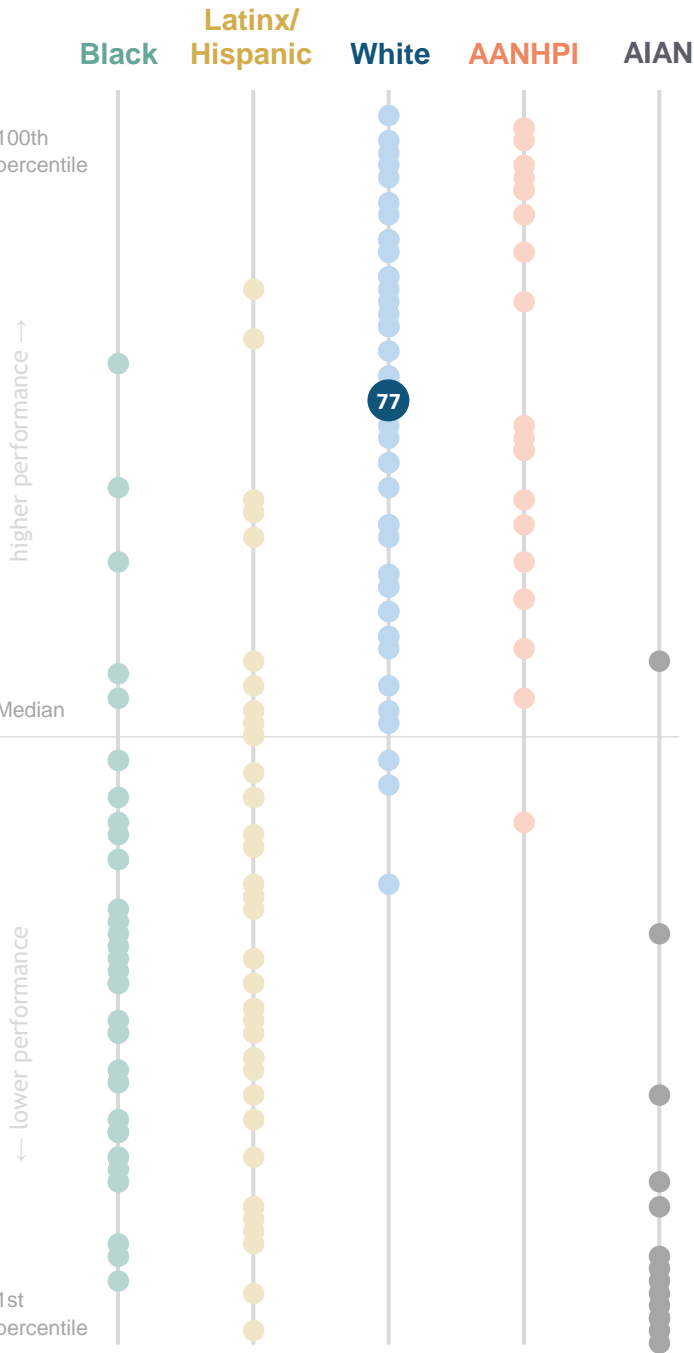


Health Equity in Maine

Overall Health System Performance by Race/Ethnicity

Each column is a racial/ethnic group, each point represents a state. Performance represented as percentiles (1–100). Maine performance percentile highlighted. No highlighted dot indicates overall performance data not available for that group.



Source: David C. Radley et al., *Achieving Racial and Ethnic Equity in U.S. Health Care: A Scorecard of State Performance* (Commonwealth Fund, Nov. 2021).

State population	Total	1,327,745	
	AANHPI	16,205	1%
	AIAN	9,660	<1%
	Black	18,848	1%
	Latinx/Hispanic	23,283	2%
	White	1,233,008	93%

Black

Rank of Black people in ME compared to all states

Overall	— of 38 states
Health Outcomes	— of 38
Health Care Access	— of 40
Health Care Quality	— of 40

Latinx/Hispanic

Rank of Latinx people in ME compared to all states

Overall	— of 42 states
Health Outcomes	— of 42
Health Care Access	— of 48
Health Care Quality	— of 48

White

Rank of white people in ME compared to all states

Overall	25 of 51 states
Health Outcomes	31 of 51
Health Care Access	21 of 51
Health Care Quality	25 of 51

Asian American, Native Hawaiian, Pacific Islander (AANHPI)

Rank of AANHPI people in ME compared to all states

Overall	— of 23 states
Health Outcomes	— of 24
Health Care Access	— of 30
Health Care Quality	— of 41

American Indian, Alaska Native (AIAN)

Rank of AIAN people in ME compared to all states

Overall	— of 14 states
Health Outcomes	— of 14
Health Care Access	— of 16
Health Care Quality	— of 16

Lower values indicate higher rank and better performance among each racial/ethnic group in ME compared to other states. Performance data not available for all groups in every state. “—” means data not available.

Table 1. Maine Performance Data

	Black		Latinx/ Hispanic		White		AANHPI		AIAN	
	ME rate	US rate	ME rate	US rate	ME rate	US rate	ME rate	US rate	ME rate	US rate
Health Outcomes										
Mortality amenable to health care (per 100,000 population)	66	153	—	67	67	78	—	49	85	108
Infant mortality (per 1,000 live births)	—	11	—	5	6	5	—	4	—	9
Breast cancer deaths (per 100,000 female population)	—	28	—	14	17	20	—	12	—	15
Colorectal cancer deaths (per 100,000 population)	—	17	—	11	13	13	—	9	—	13
Hospital 30-day readmission rate age 65 and older (per 1,000 beneficiaries)	—	60	—	—	24	37	—	—	—	—
Adults who smoke (%)	—	17	17	12	17	15	—	8	46	28
Adults who are obese (%)	31	42	31	36	33	31	—	13	25	40
Adults who have lost six or more teeth (%)	—	11	—	7	13	10	—	3	35	18
Health Care Access										
Uninsured adults (%)	—	14	—	26	11	9	—	8	—	25
Uninsured children (%)	—	5	—	9	6	4	—	4	—	14
Adults who went without care because of cost (%)	—	15	16	19	11	10	—	9	—	17
High out-of-pocket medical spending (%)	—	7	—	6	5	6	—	5	—	7
Adults with a usual source of care (%)	77	78	78	60	87	81	65	75	63	71
Health Care Quality										
Preventable hospitalizations age 65 and older (per 1,000 beneficiaries)	—	59	—	—	33	39	—	—	—	—
Potentially avoidable emergency department visits age 65 and older (per 1,000 beneficiaries)	319	290	—	—	223	180	—	—	—	—
Adult women who received a mammogram (%)	89	85	84	79	82	78	64	76	68	72
Adult women with a cervical cancer screening test (%)	87	83	76	79	77	76	69	72	65	72
Adults with a colon cancer screening test (%)	—	71	83	59	78	73	85	63	59	61
Adults with a recent flu shot (%)	34	37	46	35	51	49	58	47	29	39
Older adults who received the pneumonia vaccine (%)	57	61	63	55	74	74	88	67	61	62
Children with a medical and dental preventive care visit (%)	—	63	47	61	73	70	—	—	—	—
Children with all recommended vaccines (%)	—	66	—	70	80	76	—	—	—	—
Adults with a dental visit (%)	73	60	68	57	66	69	69	67	47	56
Primary care spending as share of total, age 65 and older (%)	3	5	—	—	5	6	—	—	—	—

Table 2. Maine Performance Ranks & Percentile Scores

	Black		Latinx/ Hispanic		White		AANHPI		AIAN	
	Group rank	Score	Group rank	Score	Group rank	Score	Group rank	Score	Group rank	Score
Health Outcomes	—	—	—	—	31	46	—	—	—	—
Mortality amenable to health care (per 100,000 population)	—	—	—	—	15	62	—	—	—	—
Infant mortality (per 1,000 live births)	—	—	—	—	41	50	—	—	—	—
Breast cancer deaths (per 100,000 female population)	—	—	—	—	5	64	—	—	—	—
Colorectal cancer deaths (per 100,000 population)	—	—	—	—	25	47	—	—	—	—
Hospital 30-day readmission rate age 65 and older (per 1,000 beneficiaries)	—	—	—	—	9	90	—	—	—	—
Adults who smoke (%)	—	—	—	—	34	43	—	—	—	—
Adults who are obese (%)	—	—	—	—	33	58	—	—	—	—
Adults who have lost six or more teeth (%)	—	—	—	—	44	20	—	—	—	—
Health Care Access	—	—	—	—	21	80	—	—	—	—
Uninsured adults (%)	—	—	—	—	37	61	—	—	—	—
Uninsured children (%)	—	—	—	—	38	49	—	—	—	—
Adults who went without care because of cost (%)	—	—	—	—	33	68	—	—	—	—
High out-of-pocket medical spending (%)	—	—	—	—	13	74	—	—	—	—
Adults with a usual source of care (%)	—	—	—	—	7	95	—	—	—	—
Health Care Quality	—	—	—	—	25	85	—	—	—	—
Preventable hospitalizations age 65 and older (per 1,000 beneficiaries)	—	—	—	—	12	84	—	—	—	—
Potentially avoidable emergency department visits age 65 and older (per 1,000 beneficiaries)	—	—	—	—	50	43	—	—	—	—
Adult women who received a mammogram (%)	—	—	—	—	4	72	—	—	—	—
Adult women with a cervical cancer screening test (%)	—	—	—	—	15	58	—	—	—	—
Adults with a colon cancer screening test (%)	—	—	—	—	6	96	—	—	—	—
Adults with a recent flu shot (%)	—	—	—	—	20	86	—	—	—	—
Older adults who received the pneumonia vaccine (%)	—	—	—	—	31	73	—	—	—	—
Children with a medical and dental preventive care visit (%)	—	—	—	—	16	84	—	—	—	—
Children with all recommended vaccines (%)	—	—	—	—	15	78	—	—	—	—
Adults with a dental visit (%)	—	—	—	—	38	70	—	—	—	—
Primary care spending as share of total, age 65 and older (%)	—	—	—	—	46	36	—	—	—	—