

New Hampshire

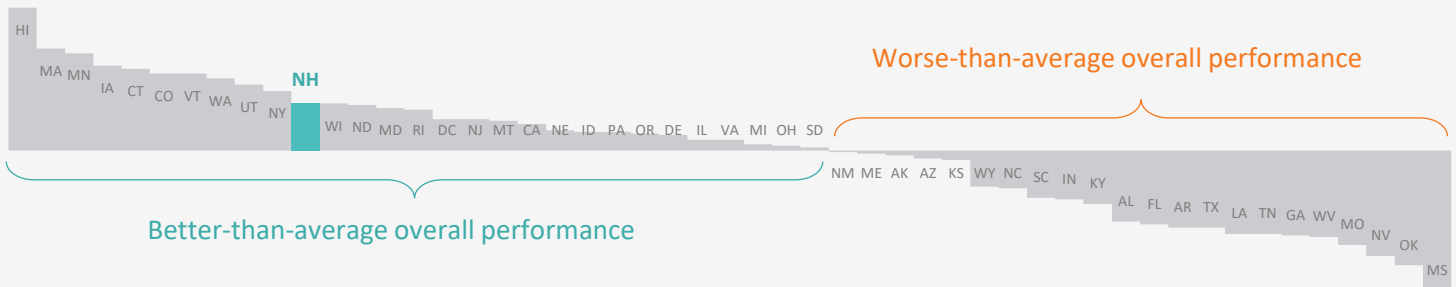
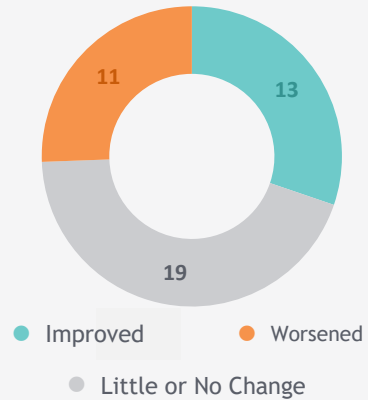


The
Commonwealth
Fund

Ranking Highlights^a

	National Rank		Rank Among New England States	
	2020	Change from baseline	2020	Change from baseline
Overall	11 of 51	+5	4 of 6	+2
Access & Affordability	8	+2	4	+1
Prevention & Treatment	5	+4	2	+3
Avoidable Use & Cost	26	-13	3	-2
Healthy Lives	14	+9	4	+2
Income Disparity	38	+3	4	+2

How Health Care in NH Has Changed^b



Top-Ranked Indicators

Children without a medical home
Adults with any mental illness who did not receive treatment
Children without a medical and dental preventive care visit

Bottom-Ranked Indicators

Employer-sponsored insurance spending per enrollee
Adults with any mental illness reporting unmet need
Primary care spending as share of total, age 65 and older

Most Improved Indicators

Diabetic adults without an annual hemoglobin A1c test
Home health patients without improved mobility
Central line-associated blood stream infection (CLABSI)

Indicators That Worsened the Most

Preventable hospitalizations ages 18–64
Children who did not receive needed mental health care
Adults with any mental illness reporting unmet need

Estimated Impact of State Improvement^c

Top state in the U.S.	Top state in the New England region	New Hampshire could expect the following gains if performance in the state improved to the top level at these national and regional benchmarks:
35,736	35,736	more adults and children would be insured
43,301	32,476	fewer adults would skip needed care because of its cost
26,358	26,358	more adults would receive age- and gender-appropriate cancer screenings
578	578	more children (ages 19–35 months) would receive all recommended vaccines
96	59	fewer premature deaths (before age 75) would occur from causes that are potentially treatable or preventable with timely and appropriate care
21,736	7,168	fewer employer-insured adults and elderly Medicare beneficiaries would seek care in emergency departments for nonemergent or primary-care-treatable conditions

Table 1. State Health System Performance Indicator Data by Dimension

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b
Access & Affordability						Baseline			
Adults ages 19–64 uninsured	2018	8	12	4	8	2014	13	16	Improved
Children ages 0–18 uninsured	2018	2	5	1	2	2014	5	6	Improved
Adults age 18 and older without a usual source of care	2018	14	23	13	2	2014	15	23	No Change
Adults age 18 and older who went without care because of cost in past year	2018	11	13	7	13	2014	11	14	No Change
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2017–18	8.3	8.3	4.8	21	—	—	—	—
Employee insurance costs as a share of median income	2018	5.1	6.8	4.1	2	2014	5.3	6.6	No Change
Adults age 18 and older without a dental visit in past year	2018	31	34	24	15	2014	31	36	No Change
Prevention & Treatment						Baseline			
Adults without all age- and gender-appropriate cancer screenings	2018	28	32	24	6	2014	28	32	No Change
Adults without age-appropriate flu and pneumonia vaccines	2018	69	69	57	30	2014	60	63	Worsened
Diabetic adults without an annual hemoglobin A1c test	2017	11.7	10.7	6.5	29	2015	20.9	16.9	Improved
Elderly patients who received a high-risk prescription drug	2016	8.4	9.6	4.6	18	—	—	—	—
Children without a medical home	2018	41	52	41	1	2016	42	51	No Change
Children without age-appropriate medical and dental preventive care visits in the past year	2018	31	42	29	2	—	—	—	—
Children who did not receive needed mental health care	2018	19	18	5	36	2016	5	18	Worsened
Children ages 19–35 months who did not receive all recommended vaccines	2018	19	27	16	4	2014	20	28	No Change
Hospital 30-day mortality	07/2015 – 06/2018	13.5	13.7	12.5	16	07/2011 – 06/2014	12.7	12.8	Worsened
Central line-associated bloodstream infections (CLABSI), Standardized Infection Ratio	2018	0.585	0.739	0.087	7	2015	1.044	0.994	Improved
Hospitals with lower-than-average patient experience ratings	2018	46	46	15	30	—	—	—	—
Home health patients without improved mobility	2018	23	22	17	24	2014	40	37	Improved
Nursing home residents with an antipsychotic medication	2017	15	15	7	16	2013	21	21	Improved

Table 1. State Health System Performance Indicator Data by Dimension (continued)

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b
Prevention & Treatment (continued)						2020 Scorecard			
						Baseline			
Adults with any mental illness reporting unmet need	2016–17	29	22	14	48	2012–14	21	20	Worsened
Adults with any mental illness who did not receive treatment	2016–17	45	57	41	2	2012–14	49	57	Improved
Avoidable Hospital Use & Cost						2020 Scorecard			
						Baseline			
Potentially avoidable emergency department visits									
Ages 18–64, per 1,000 employer-insured enrollees	2017	105.5	149.5	84.2	9	2015	155.5	159	Improved
Age 65 and older, per 1,000 Medicare beneficiaries	2016	179.4	189.4	140.9	20	2013	174.6	181.4	No Change
Admissions for ambulatory care–sensitive conditions									
Ages 18–64, per 1,000 employer-insured enrollees	2017	6.3	6.8	6	4	2015	3.9	4.6	Worsened
Ages 65–74, per 1,000 Medicare beneficiaries	2018	39.2	41.6	20.4	24	2014	39.8	44.7	No Change
30-day hospital readmissions									
Ages 18–64, per 1,000 employer-insured enrollees	2017	3.2	3.2	2.3	26	2015	2.3	2.9	Worsened
Age 65 and older, per 1,000 Medicare beneficiaries	2018	35.2	40	18.5	20	2014	33.6	42	No Change
Skilled nursing facility patients with a hospital readmission	2016	17	19	11	16	2012	16	20	No Change
Long-stay nursing home residents hospitalized within a six-month period	2016	13	15	5	14	2012	14	17	No Change
Home health patients also enrolled in Medicare with a hospital admission	2018	17	16	14	43	2014	17	16	No Change
Adults with inappropriate lower-back imaging	2017	65.5	70.1	57.5	16	2015	71.1	71.1	Improved
Employer-sponsored insurance spending per enrollee	2017	\$5,818	\$5,137	\$3,606	47	2013	\$5,245	\$4,697	Worsened
Medicare spending per beneficiary	2018	\$8,674	\$9,847	\$6,473	14	2014	\$7,853	\$9,025	Worsened
Primary care spending as a share of total health care spending									
Ages 18–64 (employer-insured enrollees)	2018	6.1	6.0	11.3	24	—	—	—	—
Age 65 and older (Medicare beneficiaries)	2017	4.9	5.7	7.2	50	—	—	—	—
Healthy Lives						2020 Scorecard			
						Baseline			
Mortality amenable to health care, deaths per 100,000 population	2016–17	62.1	84.5	54.5	5	2012–13	58.4	83.7	No Change
Breast cancer deaths per 100,000 female population	2018	16.7	19.7	15.1	7	2014	21.2	20.6	Improved
Colorectal cancer deaths per 100,000 population	2018	11.9	12.6	9.1	13	2014	12.7	14.3	No Change

Table 1. State Health System Performance Indicator Data by Dimension (continued)

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b
Healthy Lives (continued)	2020 Scorecard					Baseline			
Suicide deaths per 100,000 population	2018	19.4	14.2	7.5	40	2014	17.8	13	No Change
Alcohol-related deaths per 100,000 population	2018	11.7	9.9	5.7	32	2014	11.1	8.5	No Change
Drug poisoning deaths per 100,000 population	2018	35.8	20.7	6.9	46	2014	26.2	14.7	Worsened
Infant mortality, deaths per 1,000 live births	2017	4.2	5.8	3.7	3	2013	5.6	6	Improved
Adults who report fair or poor health	2018	13	17	11	8	2014	12	16	No Change
Adults who smoke	2018	16	16	9	22	2014	18	17	Improved
Adults who are obese	2018	30	32	23	16	2014	27	29	Worsened
Children who are overweight or obese	2018	27	31	19	17	2016	24	31	Worsened
Adults who have lost six or more teeth	2018	9	9	5	22	2014	10	10	No Change
State-based public health spending per resident	2018	\$23	\$37	\$137	35	2014/15	\$16	\$36	Improved

Table 2. State Income Disparity Data

Disparity Indicator	Data year	Low-income rate ^d	Disparity ^e	State rank	Data year	Low-income rate ^d	Disparity ^e	Change over time ^f
Disparity Indicator	2020 Scorecard				Baseline			
Adults ages 19–64 uninsured	2018	15	-11	12	2014	31	-27	Improved
Adults age 18 and older who went without care because of cost in past year	2018	24	-19	36	2014	25	-22	Improved
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2017–18	28	-27.3	45	—	—	—	—
Adults age 18 and older without a dental visit in past year	2018	57	-39	49	2014	54	-38	Worsened
Adults without all age- and gender-appropriate cancer screenings	2018	32	-9	16	2014	40	-19	Improved
Children without a medical home	2018	44	-9	4	2016	53	-19	Improved
Children without age-appropriate medical and dental preventive care visits in the past year	2018	37	-10	2	—	—	—	—
Children ages 19–35 months who did not receive all recommended vaccines	2018	32	-22	45	2014	18	1	Worsened
Adults who report fair or poor health	2018	29	-23	31	2014	27	-23	No Change
Adults who are obese	2018	39	-11	47	2014	35	-9	Worsened
Adults who have lost six or more teeth	2018	20	-15	36	2014	20	-15	No Change

Table 3. State Race and Ethnicity Disparity Data

	Data year	U.S. average	State White rate	State Black rate	Black-White disparity	State Hispanic rate	Hispanic-White disparity	State Other rate	Other-White disparity
Disparity Indicator									
Adults ages 19–64 uninsured	2018	12	7	—	—	18	-11	10	-3
Adults age 18 and older who went without care because of cost in past year	2018	13	10	—	—	29	-19	16	-6
Adults age 18 and older without a usual source of care	2018	23	13	—	—	34	-21	23	-10
Adults age 18 and older without a dental visit in past year	2018	34	30	—	—	43	-13	45	-15
Adults without all age- and gender-appropriate cancer screenings	2018	32	28	—	—	—	—	26	2
Adults without age-appropriate flu and pneumonia vaccines	2018	69	68	—	—	87	-19	72	-4
Adults who smoke	2018	16	16	—	—	14	2	24	-8
Adults who are obese	2018	32	31	—	—	23	8	31	0
Mortality amenable to health care, deaths per 100,000 population	2016–17	84.5	62.7	84.6	-21.9	50.2	12.5	27.5	35.2
Infant mortality, deaths per 1,000 live births	2017	5.8	3.6	—	—	—	—	—	—

Notes

- (a) The 2020 Scorecard rankings generally reflect 2018 data. The 2020 Scorecard added or revised several performance measures since the June 2019 Scorecard report; rankings are not comparable between reports. Rank change from the baseline period represents states' rank difference from the baseline data year (generally 2013 or 2014). Positive values represent an improvement in rank; negative values are a worsening in rank.
- (b) Trend data available for 43 of 49 total Scorecard indicators. Improved/worsened denotes a change of at least one-half (0.5) standard deviation larger than the indicator's distribution among all states over the two time points. No change denotes no change in rate or a change of less than one-half standard deviation.
- (c) Estimated impact if this state's performance improved to the rate of two benchmark levels — a national benchmark set at the level of the best-performing state and a regional benchmark set at the level of the top-performing state in region (defined using Bureau of Economic Analysis (www.bea.gov) regions: Great Lakes, Mid-Atlantic, New England, Plains, Rocky Mountains, Southeast, Southwest, West). Benchmark states have an estimated impact of zero (0). Equivalent estimated impact based on national and regional benchmarks indicate that the best observed rate in the region was equal to the best observed rate nationally.
- (d) Rates are for states' low-income population, generally those whose household income is under 200% of the federal poverty level (FPL).
- (e) Income disparity is the difference between the states' low-income and higher-income (400%+ FPL) populations.
- (f) Improvement indicates that the low-income rate improved and the disparity between low- and higher-income populations narrowed; worsening indicates the low-income rate worsened and the disparity between low- and higher-income populations widened.